







# BEST, AND DEVELOPING PRACTICE IN SUPPORTING THE HEALTH AND WELLBEING OF PEOPLE WITH INTELLECTUAL DISABILITY AND AUTISM



FREE REGISTRATION

# 31 March - 01 April 2023

University of Macedonia - Thessaloniki



UNDER THE AUSPICIES



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Dear all,

Welcome to Masterclass under the title: "Best, and developing practice in supporting the health and wellbeing of people with intellectual disability and autism".

The Conference is taking place from March 31st to April 1st, 2023 and is organized by the University of Macedonia, Department of Educational and Social Policy, Laboratory of Autism -Developmental Spectrum Disorders and Behavior Difficulties of the Human in collaboration with the European Association for Mental Health in Intellectual Disability in a hybrid form (with a physical presence in University of Macedonia and remotely through a link).

It is a cross-scientific, multidisciplinary event aiming to discuss planning and upgrading the legal framework, policies and practices of the competent social institutions dealing with protecting, training and rehabilitating people with intellectual disability and autism.

Amongst the key speakers are academics from different scientific fields, researchers, professionals, politicians and social bodies representatives from different countries world widely.

Participants will have the opportunity to exchange their views and experiences and be updated on best, and developing practices in supporting the health and well-being of people with intellectual disability and autism.

Christine K. Syriopoulou- Delli

Associate Professor, Director of Laboratory of Developmental Disabilities, Autism University of Macedonia, Department of Educational and Social Policy Chairman of Conference Organizing Committee



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# Day 1. Friday, March 31<sup>st</sup> 2023

09.30-10.30	<ul> <li>1<sup>st</sup> Session</li> <li>Panel: C. Syriopoulou-Delli, K. Sarri, E. Gkiolnta, E. Papaefstathiou <ul> <li>Opening speech</li> <li>F. Tsibiridou</li> </ul> </li> <li>Accessibility in higher education for students with intellectual and developmental disabilities including autism. C. Syriopoulou - Delli <ul> <li>Innovative initiatives and interdisciplinary synergies to support people with intellectual disability and autism. M. Dermetzopoulou</li> </ul> </li> </ul>
10.30-11.45	<ul> <li>2<sup>nd</sup> Session</li> <li>Panel: P. Varsamis, V. Giannouli, E. Papaefstathiou, K. Sarri <ul> <li>Inclusive Education and [Intellectual] Disabilities: Current Trends and Challenges, A. Vlachou</li> <li>Learning design in the 21st Century School for the Holistic Approach of the ASD and intellectual Disabilities children's Individual Educational Needs, T. Asteri</li> <li>Biological sex, Gender Identity and Autism Spectrum Disorder, P. Pervanidou</li> <li>Production of Greek singletons in adults with Down Syndrome: The case of Greek plosives, fricatives and affricates, K. Fiorentzi, A.S Antoniou</li> <li>Robots Application, Parental Involvement in Promoting Distance Learning inclusion for individuals with autism, intellectual and Developmental Disabilities, M. Zygopoulou, Eleni Gkiolnta, C. Syriopoulou-Delli</li> </ul> </li> </ul>
11.45-12.30	Coffee break
12.30-13.30	<ul> <li>3<sup>rd</sup> Session</li> <li>Panel: A. Okalidou, I. Papavasileiou, V. Neofotistos, A. Psalti, E. Papaefstathiou <ul> <li>Does Early Intervention Work?, L. Thomaidis</li> <li>Social Skills Groups in Autism: Bridging Social Functioning and Competence, R. Tzorva</li> <li>After the formal diagnose, what is next?, E. Georgiadou-Stefanaki</li> <li>Educational Robotics and Autism Spectrum Disorders - Research data and educational practice, T. Papazoglou, C. Karagiannidis</li> <li>Discussion, Conclusions, Closing Remarks, R. Ceccotto</li> </ul> </li> </ul>
13.30-14.30	Light Lunch
14.30	Visiting Special School for Students with Autism in Pilea, Thessaloniki



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# Day 2. Saturday, April 1st 2023

10.00-11.00	4 <sup>th</sup> Session
	Panel: A. Okalidou, I. Papavasiliou, A. Tsirikas, A.E Filiou, E. Gkiolnta
	• What do we know about effectiveness of interventions on persons with autism spectrum?,
	Oili Sauna-aho
	• Physical activity and quality of life in individuals with autism spectrum disorder (ASD) and
	intellectual disability (ID), <b>D. Koutsouki</b>
	• A perspective on emotional needs in people with autism spectrum disorder, <b>Els Ronsse</b>
	A Descriptive Study on Intellectual Developmental Disorder, J. Santambrogio
11.00-11.30	Coffee break
11.30-12.45	5 <sup>th</sup> Session
	Panel: A. Psalti, E. Valkanos, K. Sarri
	• Virtual interactive environments and desktop touchscreens: their contribution to the
	teaching of co-operative skills to children with autism, G. Kalamoti, C. Syriopoulou - Delli
	• The role of KEDASY in supporting the students with intellectual disability and autism,
	P. Stagiopoulos
	• The mentalizing skills and stress regulation of persons with an intellectual disability with and
	without Autism and the serious game 'You and I', P. S. Sterkenburg
	Schizophrenia in autistic adults with intellectual disabilities. Diagnostic assessment and
	interventions. Results from a nation-wide multicenter study in Norway 2010 – 2020,
	T.L Bakken
	• Working to deliver a National autism strategy for health services - experience from the NHS
	England Autism Programme, <b>R. Banks</b>
12.45-13.45	Light Lunch
13.45-14.30	6 <sup>th</sup> Session
	Panel: P. Varsamis, I. Papavasiliou, A. Pampouri, E. Papaefstathiou
	<ul> <li>Play and technological tools to enhance skills in preschool children with ASD, E.</li> </ul>
	Papaefstathiou, A.I Filiou, E. Gkiolnta, K. Sarri, M. Zygopoulou, C. Syriopoulou-Delli
	Parent Counseling and other Interventions to Support Parents of Pre-school Children with
	Autism Spectrum Disorders, E. Papaefstathiou, A.I Filiou, E. Gkiolnta, K. Sarri, M.
	Zygopoulou, C. Syriopoulou-Delli
	• Parents and Siblings of Children with Autism Spectrum Disorder: A Literature Review, A. Loi,
	C. Syriopoulou-Delli, A.S. Antoniou
14.30	Discussion, Conclusions and Highlights, <b>R. Ceccotto</b>



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## Speakers List

**Theodora (Doretta) Asteri,** PhD. NKUA, Scientific Advisor and Coordinator of the Scientific Unit "Special and Inclusive Education" at the Institute of Educational Policies, Ministry of Education

**Melina-Maria Dermetzopoulou**, Prefecture of Macedonia, Deputy Governor of Public Health and Social Solidarity Region of Central Macedonia

Roger Banks, National Clinical Director for Learning Disability and Autism, NHS England

Trine Lise Bakken, PhD , Head of research at the Oslo University Hospital

Raymond Ceccotto, President of ARFIE

Areti-Irini Filiou, Psychologist, PhD candidate, University of Macedonia

Krystallenia Fiorentzi, PhD candidate NKUA

Eleni Georgiadou Stefanaki, President of M.A.m.A Verias (Welfare for People with Autism)

Eleni Gkiolnta, Special Education teacher, PhD candidate, University of Macedonia

Grammatiki Kalamoti, Primary School Teacher, MSc Special Education

Charalambos Karagiannidis, Professor University of Thessaly, Department of Primary Special Education

Dimitra Koutsouki, Professor, Laboratory of Adapted Physical Activity/ Developmental & Physical Disabilities, Faculty

of Physical Education & Sport Science, National and Kapodistrian University of Athens, Greece

Katerina Loi, Speech Therapist, MSc in Special Education University of Athens

Elpis Papaefstathiou, PhD candidate, University of Macedonia

Theodora Papazoglou, Psychologist, PhD, University of Thessaly

**Panagiota Pervanidou**, Associate Professor of Developmental and Behavioral Pediatrics, Head of the Unit of Developmental and Behavioral Pediatrics, First Department of Pediatrics, School of Medicine, National and Kapodistrian University of Athens, Athens, Greece. President of the Hellenic Society of Developmental Pediatricians **Els Ronsse**, Psychologist, member of the EAMHID NEED-group and chair of SEN-SEO

Jacopo Santambrogio PhD, psychiatrist, ASFRA Foundation Specific Cognitive Dysfunctioning And Vulnerability to Specific Psychopathology

Kyriaki Sarri, Primary Education Teacher, PhD candidate

**Oili Sauna-aho**, PhD, Clin.Neuropsychologist, KTO, Director of the development and expert services in Support and Expert Center for Persons with Intellectual Disabilities – Paimio, Turku, Finland

Petros Stagiopoulos, PhD in Special Education, Supervisor in 1st KEDASY of East Thessaloniki

**Paula S. Sterkenburg,** Professor, Derks, S., PhD candidate, Willemen, A. Associate Professor (Lab Social relations and attachment) Vrije Universiteit Amsterdam, The Netherlands.

**Christine Syriopoulou-Delli**, Associate Professor, University of Macedonia, Educational and Social Policy, Laboratory of Autism-Developmental Spectrum Disorders and Behavior Difficulties of the Human

**Loretta Thomaidis,** MD, PhD Professor of Developmental Pediatrics, National and Kapodistrian University of Athens **Rebecca Tzorva,** M.A., Speech Language Pathologist

**Anastasia Vlachou,** Professor of Inclusive Education, Department of Educational Studies, National and Kapodistrian University of Athens, Greece

Maria Zygopoulou, Psychologist, Primary Education teacher, PhD candidate, University of Macedonia